HOW TO REGISTER

For Returning Members:

- 1. Log on to your account at www.mississaugafsc.com
- 2. Update any contact information
- 3. Click **REGISTRATION** on the main menu
- 4. Find a session you wish to register for and click the **REGISTER** button beside it
- 5. Select the skater you wish to register in the session
- 6. Choose REGISTER FOR MORE PROGRAMS or CONFIRM & REG-ISTER
- 7. Proceed to check out
- 8. Payment is by VISA or MasterCard only

For New Members:

- 1. Create an account at www.mississaugafsc.com
- 2. Add your contact information and add any skaters as participants
- 3. Continue from Step 3 in Returning Members



Email: cuttingedge@mississaugafsc.com



MFSC Cutting Edge Summer Skating



Summer Figure Skating Camp

Skate the summer with us and make new friends for life!

> JULY 6-JULY 31 2015

cuttingedge@mississaugafsc.com

High Level

Qualifications: Must have passed complete Preliminary Freeskate Test.

What to expect: Skaters will participate in 1 off-ice warm up, 2 on-ice sessions, 1 off-ice training class and 1 group activity everyday. Skaters will receive 2 on-ice group lessons per day. Private lessons must be arranged between yourself and your coach.

Extended Care: Weeks #1, 2, 4 from 5:00pm-6:00pm. Week #3 from 10:45-11:45am.

Low Level

Qualifications: Must have passed Canskate Stage 3 AND not the complete Preliminary Freeskate Test.

What to expect: Skaters will participate in 1 on-ice session, 1 off-ice training class, 1 off-ice jump class and 2 group activities everyday. Skaters will receive 3 on-ice group lessons per day. Private lessons must be arranged between yourself and your coach.

Extended Care: Weeks #1, 2, 4 from 11:00am-12:00pm and 5:00pm-6:00pm. Week #3 from 10:45-11:45am.

WEEKS #1, 2 and 4 MONDAY / WEDNESDAY / THURSDAY

TIME	HIGH LEVEL	TIME	LOW LEVEL
11:00-11:45	Warm up	11:00-12:00	Extended Care
12:00-12:50	On ice	12:00-12:45	Activity
1:00-1:45	Off ice	1:00-1:45	Off ice
1:45-2:30	BREAK	2:00-3:15	On ice
2:30-3:50	On ice	3:15-3:50	BREAK
4:00-5:00	Activity/Jump	4:00-5:00	Activity/Jump
	Class		Class
5:00-6:00	Extended Care	5:00-6:00	Extended Care

WEEKS #1, 2 and 4 TUESDAY

TIME	HIGH LEVEL	TIME	LOW LEVEL
11:00-11:45	Warm up	11:00-11:45	Extended Care
12:00-12:50	On ice	12:00-12:50	Activity
1:00-1:45	Off ice	1:00-1:45	Off ice
2:00-3:20	On ice	2:00-3:20	On ice
3:30-4:00	BREAK	3:20-4:00	BREAK
4:00-5:00	Activity/Jump	4:00-5:00	Activity/Jump
	Class		Class
5:00-6:00	Extended Care	5:00-6:00	Extended Care

WEEK #3 MONDAY – THURSDAY

TIME	HIGH LEVEL	TIME	LOW LEVEL
7:00-7:50am	On ice	7:00-7:50am	On ice
7:50-8:50am	On ice	7:50-8:50am	On ice
9:00-9:45am	Off ice	9:00-9:45am	Off ice
9:45-10:45	Activity	9:45-10:45	Activity
10:45-11:45	Extended Care	10:45-11:45	Extended Care

PROGRAM FEES

July 6-9	High Level	\$205.00
	Low Level	\$175.00
July 13-16	High Level	\$205.00
	Low Level	\$175.00
July 20-23	High Level	\$200.00
	Low Level	\$200.00
July 27-30	High Level	\$205.00
	Low Level	\$175.00
Weekly	All Levels	\$40.00
Fee		
Weekly	All Levels	\$100.00
Fee		
	July 13-16 July 20-23 July 27-30 Weekly Fee Weekly	NoteJuly 13-16High LevelJuly 20-23High LevelJuly 20-23Low LevelJuly 20-23High LevelJuly 20-23Low LevelJuly 20-24Low LevelJuly 20-25High LevelJuly 20-26High LevelJuly 20-27High LevelJuly 20-28High LevelJuly 20-29High LevelJuly 20-29High LevelJuly 20-29High LevelJuly 20-29All LevelsWeeklyAll Levels

Week #3—No scheduled on-ice group lessons, however, private group lessons may be arranged

> TENTATIVE TEST DAY: Thursday July 30, 2015 (test fees are extra)

NO SKATING ON FRIDAYS!

